

### **The Nursery Programme**

The ISA Nursery programme is designed for two to three-year olds, introducing your child to learning in an educational setting and preparing him or her for enrolment in the Primary Years Programme.

The programme is based on developmentally appropriate practice with an emphasis on your child's social-emotional development and well-being.

Through free-choice and small group activities, your child will begin to explore friendships with children his or her own age, experience playing in different situations and develop a sense of belonging to the class. Over the year, he or she will begin to join in with self-care routines. They will learn how to separate from parents and other caregivers and to develop positive relationships with adults outside of their immediate family circle.

Children are not expected to be toilet trained to join the programme. ISA provides regular changing times and appropriate changing facilities.













## **The Value of Play**

"Play is the highest form of research" Albert Einstein

Through play, your child will explore their immediate environment and begin to make sense of the world around them. There are opportunities for indoor and outdoor learning, engagement in sensory exploration activities and opportunities to develop creative and motor skills in different ways. There are role-play opportunities for children to develop their communication skills and story-times where language will be continually extended. The language-rich environment provides multiple experiences for each child's verbal and non-verbal communication skills to grow. There will be an emphasis on how each child expresses their needs, wants and preferences. Your child will have opportunities to listen to others and share ideas in whole class and group situations.

All children in the Nursery programme have access to the additional learning areas in the Early Childhood centre: the library, the gym, the music room and teaching kitchen, usually in small groups with their teacher or assistant.

Our Nursery has a self-contained play area that the children access throughout the morning.

## Meaningful provocations and experiences engaging the child

#### Physical well being

- Developing coordination in small and large movements
- Actively exploring the environment
- Engaging in sensory exploration
- Moving around and using objects safely
- Beginning to join in with self-care routines

# Creative

## Emotional well being

learning

- Developing a sense of belonging
- Developing a strong sense of self
- Developing positive relationships with adults and children
- Recognising own feelings
- Responding to appropriate boundaries
- Developing consideration for others
- Experiencing and seeking closeness

## Happy, healthy curious child

#### Communication

- Expressing needs, wants and preferences
- Interacting with others, verbally and non-verbally
- Communicating ideas through play
- Indicating choices
- Listening and attending to others

# Making connections

#### **Understanding the world**

- Showing interest and curiosity in people
- Showing interest and curiosity in their environment
- Making meaning
- Engaging in exploration and role play

Playing and exploring

Safe, caring, nurturing indoor and outdoor learning environments

### A day in the Nursery

There are four full-time adults in each class – one full-time Early Years teacher and three full-time assistants. An additional adult will help supervise some of the morning activities and rest time.

A typical day begins with arrival to the Nursery, greeting the adults in the room and settling in, followed by separation from the parent or caregiver. We offer flexible drop-off times to allow families with children in other grades to deliver siblings to different sections of the school. All children should have arrived in class by 9:00 a.m (10:00 a.m on Fridays).

There is a welcome time, where the children gather in groups with the teacher or an assistant. Following this, the children have the opportunity to explore different types of learning areas and engage in play alongside their classmates.

To provide variety each day, there is a focused activity available, as well as additional learning opportunities both within and outside of the classroom.

At the end of the morning, the children gather together for a group activity such as singing, playing a game or sharing a story. Children have the opportunity to eat snack during their morning routine.

#### Lunch

The class eat lunch together. We ask that children bring a packed lunch from home, so that you can provide food which your child usually likes and manages to eat. You can pack a drink for your child, but water is also readily available for all the children. The teacher and assistants encourage children to eat all the items sent by you, and inform parents at the end of the day if their child had any difficulties managing the lunch sent to school.

#### **Afternoon activities**

Following lunch, staff assist the children in getting ready for a rest time. This includes a diaper/nappy changing time. Each child has their own bed to lie in, and the room lights will be dimmed to enable the children to sleep or rest in their own space.

After sleeping the children are slowly woken up and gathered together for a sharing of a fruit snack. Reading of a story marks the end of the school day. The children then get ready to say goodbye to their class and to be collected by their parent or care-giver. Parents may collect children from the Nursery from 15:15 to accommodate families that need to collect older siblings from their homeroom classes. All children should be collected by 15:25 from the Nursery.







## **Nursery facility features**

1 play room

1 sleeping room

1 art area

A self-contained outside play area

20 children, 1 full-time teacher, 3 full-time assistants and 1 play supervisor.

Access to additional learning areas: Early Childhood gym, teaching kitchen, music room and library.

Diaper/Nappy changing facilities

Low beds provided for rest time.